
DISTRICT#40

UNITY | SERVICE | RECOVERY

Step 9

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

Tradition 9

“AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

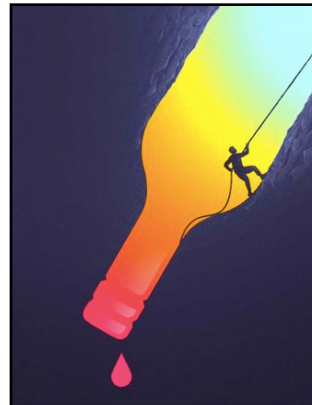
Concept 9

“Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.”

Open Position for District #40

Internet Technologies (IT) for the job description please go to:

http://aa-seta.org/GSR/en_bm-31.pdf



Tradition Twelve: Spirituality

Reino F, District 40 DCM

The definition of Spirituality is “the quality or state of being spiritual”. The definition of Spiritual is “of, or relating to, or consisting of spirit: incorporeal; of or relating to sacred matters”. The definition of incorporeal is “having no material body or form, immaterial. The word Spirituality defined in the Big Book dictionary is: “placing value in and practicing spiritual principles and beliefs”. The word Spirituality defined in the 12 x 12 dictionary is “of or concerned with the spirit rather than the body of material things; of, concerned with or affecting the soul; of, from or relating to God; having no body, form, or substance”. Tradition Twelve says that “Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.”.

The Long Form of the Tradition 12 says that “And finally, we of Alcoholics Anonymous believe that the principle of anonymity has an immense spiritual significance. It reminds

us that we are to place principles before personalities: that we are actually to practice a genuine humility. This to the end that our great blessings may never spoil us; that we shall forever live in thankful contemplation of Him who presides over us all.”

The progression of AA through the Traditions is a path similar to the individual alcoholic trudging their way through the 12 Steps in their every day lives. The order of the steps is there for the individual or me to get the drinking or symptom arrested so that I may get down to the causes and conditions of what are the real issues for my mental twists, stinking thinking, and bad attitudes towards people, places and things. In order to do this and not go off the cliff in the process I had to be aware of the problem, acknowledge it, then realize I could not fix them. I needed a Power greater than me, a sponsor to guide me and a home group to live with to affect the changes necessary for my mind to completely reverse its thinking. The steps are there in a specific order.

This daunting task is something of a process that is needed for me to recover and then change everything so I learn a new way to live. So, having an experienced tour guide, sponsor, to start trusting; a home group and network to learn to live with; and a Power greater than me to have faith in and turn to everyday. These will help me be a better child of God.

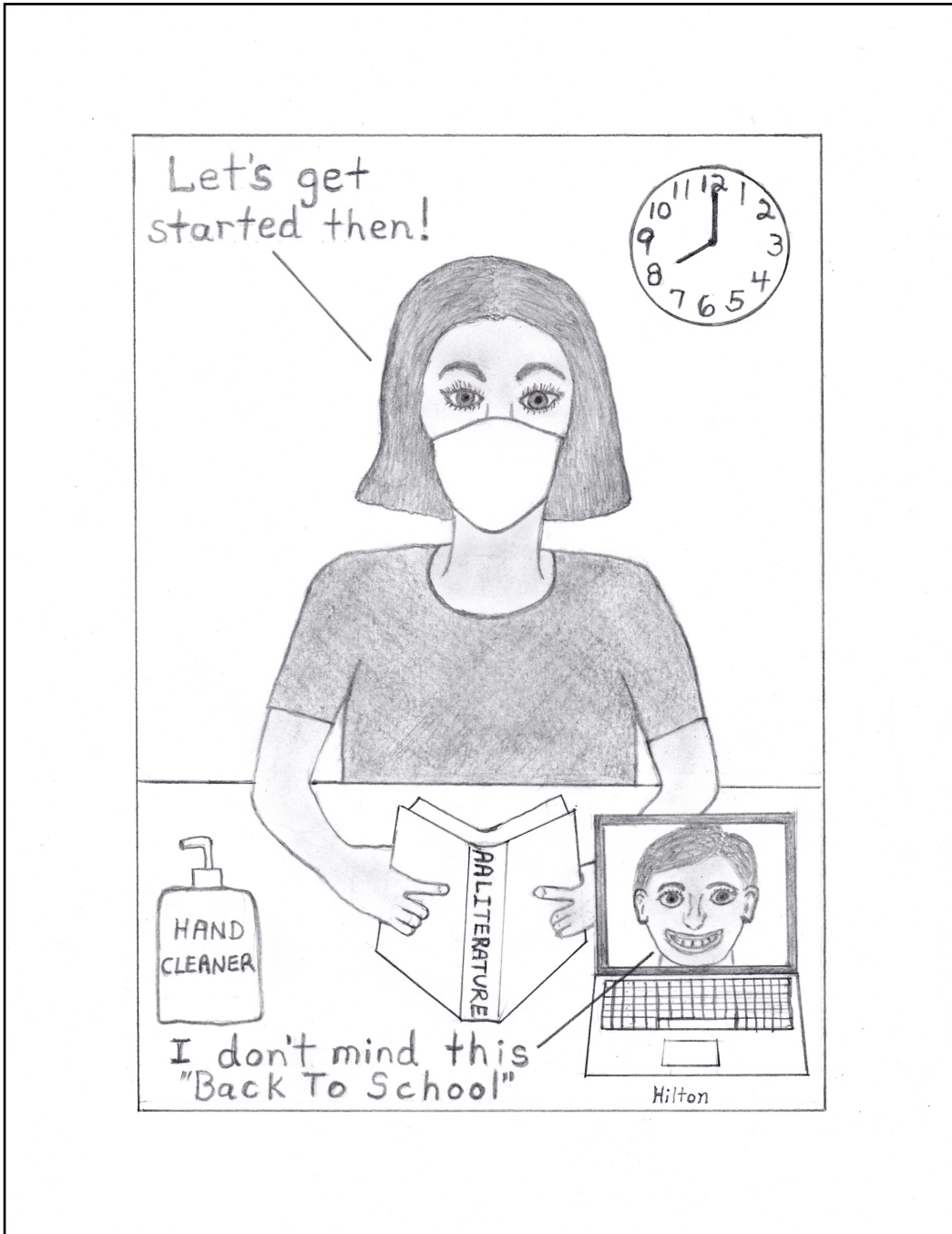
The Traditions are also in an order that give me a similar process in the ever-ending changes of everything I have ever thought. I cannot do this alone so I come for help and find a group of people that have experience in doing the process that I am told will help me and change me. I got a network of them and they genuinely wanted to help me. I joined a home group and got accountable and responsible. I was a member and a part of a greater group of folks. I got a sponsor and started learning trust and was shown how things worked in AA. I learned that my way was not the only way. There is a group conscience. That each group can do what they want as long as it does not affect other groups and AA as a whole. The sole purpose of the group is to be there for helping other people who want to quit drinking. The fellowship and us individuals do not affiliate ourselves with any outside facility or enterprises so we don't get steered off of our primary purpose, help the still suffering alcoholics. We need to be self-supporting, pay our own way for a change. Sheesh, that is a new idea, eh? We don't charge for the help we give others. There are committees set up to help with the daily goings on of the fellowship. We do not worry about things outside of our helping other suffering alcoholics. We do not seek public acclimation. We prefer that others watch and see what we do and keep our name out of it. We need to not be the big shot and just want to be of service to the still suffering alcoholics.

There are a lot of principles we deal with in the traditions. When I listen to others the important thing was the principle being expressed not the person expressing it. To go a step further and learn to place AA principles before my own personality, it would help me on my journey of spiritual progress. Public anonymity was essential to such development. But I had to learn that I should not seek praise within the Fellowship. A job well done speaks for itself.

The spiritual substance of anonymity is sacrifice. We try to give up our natural desires for personal distinction as AA members both among the fellow alcoholics and before the general public. We are sure that humility, expressed by anonymity, is the greatest safeguard that AA can

ever have. May we always be blessed for what we have been given, never let it spoil us, and that we always be grateful to the Fellowship and the Power, HIM, that presides over us all.

So, the principles that are in the Traditions, while they are designed to further group survival and harmony, can also be applied by the individuals to enhance their daily journey thru life. I have found out that I am a part of the greater whole, the Fellowship, and that God is doing for us what we could not do for ourselves. As I seek to enhance humility in my life, I have found that the Traditions are an aid in my welfare as an AA member and an extension of the principles in my recovery.



**DISTRICT 40 OFFICIAL MINUTES
OF THE JULY 14, 2020 MEETING**

Meeting Location: 2nd Tue. 7:15 – 9:00 pm
Spring Branch Memorial Club
1200 Blalock Rd. Bldg. # 378, Room C
Houston, Texas 77055

dcm-40@aa-seta.org (Reino F.)
dcm-40-alt@aa-seta.org (Doug D.)

Mailing Address:
District 40
PO Box 19085
Houston, Texas 77024-9085

DATE: July 14, 2020

LOCATION: ZOOM

Moment of Silence, Preamble & Unity Declaration; Read by Brigette B.

Attendees; 26 people

Secretary's Report – Jackie S. – Accepted as Presented

Treasurer's Report – Mike W. – Accepted as Presented

DCM Report – Reino F. –

- Attachments;
 - SETA Announce instructions
 - Unapproved Area minutes
 - GSO Special offer – Big Book
 - Grapevine Special offer
- August assembly is now online. We will be voting on the 2021 budget. More to come.
- Peter will be giving a demonstration next month on Disaster Response; taking meetings to shelters.
- Registration is now open online for the January SETA Convention.

OLD BUSINESS

Open Positions – Archives & IT

NEW BUSINESS

Jackie S. – Informed us about the GSO Treasurer's video on 7th Tradition. She asked if we would consider contributing D40 available funds to GSO in response to the video. Reino suggested that everybody take the idea to their home group to discuss and bring it back next month.

ALT DCM Report – Doug D. - Still no word yet from COTHA for a date for the Traditions Dinner. We could possibly have it online. He suggested we cancel the "in person" version this year.

Open Discussion; whoever usually goes to the workshop could attend online. Some people are not planning on going out. Intergroup is having a Traditions workshop in October. Dan will discuss us participating with them at the next board meeting. Steering officers can talk about it.

Delegate's Report; - Troy gave his Delegate's Report using a Power Point presentation. And he followed it up with a workshop on "Attraction through Action" using break out rooms. (The Delegate's Report was emailed out after this meeting.)

DISTRICT COMMITTEE REPRESENTATIVE REPORTS

- **Archives Rep; OPEN**
- **CFC (Correctional Facilities Committee); Paul K.**
- All locations are locked down. No visitors. No literature. Continue saving the Grapevines.
- **CPC (Cooperation with Professional Community); Bill A.**
- The NASW Exhibit in Galveston Oct. 8th-10th has gone virtual.
- Our Mock Presentation has been rescheduled till next assembly.
- Our Employees Assistance Exhibit (EAPA) for Oct 27th-29th Is still on as far sa we know.

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- Thank You Bill A
- **Grapevine; Rachel P. - Absent**
 - The old Grapevine mobile app has been replaced with a new, more user-friendly ePub edition. To learn more, visit <https://store.aagrapevine.org/grapevine-epub-subscriptions>.
 -
 - Grapevine has republished the Daily Quote Book, featuring quotes about recovery from AA members and co-founders. Makes a great gift for a sponsor or sponsee! To learn more, visit <https://www.aagrapevine.org/Daily-Quote-Books>.
 -
 - Also available is the Best of the Grapevine Book Bundle, a 3-volume set featuring the very best Grapevine stories, hand selected by the editors. Another great sponsor/sponsee gift ... or a treat for yourself! To learn more, visit <https://store.aagrapevine.org/the-best-of-grapevine-full-set>.
- **IT (Information Technology); OPEN**
- **Intergroup Liaison; Dan K.**
 - Upcoming events:
 - a. 9/12/20- Anonymity Workshop
 - b. 10/15/20- Board of Trustees Elections
 - c. 10/24/20- 12 Traditions Workshop
 - d. 12/12/20- Winter Holiday Open House
 - Intergroup Bookstore is open! Monday-Friday from 10-4. Bookstore taking orders online and by phone, and will be processed on Mon/Wed/Fri morning for shipment. For pickup orders, please email intergroup@aahouston.org
 - Intergroup is working hard to keep all meetings updated with online/zoom meeting info for groups as well as updates as meetings transition back to meeting in person.
 - a. 2020 Printed Meeting Directories put on hold.

Next Delegates meeting August 20, 2020 @ 8:00PM

Sign up for the Link on aahouston.org

- **Literature; Elizabeth G. -**
 - Hello to everyone at District 40! May this month find you celebrating independence and freedom like we did over two hundred years ago on July 4, 1776. It is truly a gift from God to be able to have grown as a nation, experience diversity in all circumstances and open our doors to people from all over the world. Looking back, I am profoundly

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grateful for freedom from that last drink and the gift of being a member of Alcoholics Anonymous. It is truly a gift from God to be able to be a part of this fellowship who will never close the doors to anyone who asks for help. With that said, this month's pamphlet challenge is "A.A. for the Native North American." This pamphlet focuses on the men and women, all Native people, who share how they gave up drinking. They have found it possible to be A.A. members and still be proud of their rich Native heritages and spiritual teaching. Please look forward to this pamphlet & trivial quiz at next month's District 40 meeting. Here are the next scheduled events.

- The Literature Committee meets the 3rd Tuesday of the month via video conference, "ZOOM." Please send the Literature Chair your email address if you are interested in attending. Then, you will receive an email with login instructions on the day of the meeting.
- The 59th Annual Southeast Texas Area Convention, Jan 15-17, 2020 at Houston City Place Marriot, 1200 Lake Plaza Dr., Spring, TX 77389. The Literature Committee meets at the quarterly Area Assembly at 4:30 pm.
- **Newsletter Editor; Kari B.**
 - Thank you so much to our regular contributors Hilton, Jackie, Mike W, and Reino. If you find yourself with either some extra time on your hands or a yearning for connection with others or a way to help others please email me an article, joke, cartoon, link to something we could all benefit from, a piece of art you have done, or a photograph you have taken.... all would be most appreciated and welcomed at District40Newsletter@gmail.com.
- **PI (Public Information); Terri O.**
- Committee met via zoom on June 23, 2020. Members continue to work with radio stations for PSAs. We are in the process of mailing out Big Books to some area 67 public libraries. Several members have attended zoom workshops on CPC/PI and they have been helpful. At one of these workshops, a need was shared to improve our online positioning when "AA" is searched by users. Currently AA pops far from the top of the list. Local groups are being enlisted to help with this and they hope to develop a plan that can turn this situation around. An ad hoc committee will be formed in our area to consider assisting with a solution for this. Bookmarks have been ordered and we are sharing the cost with CPC.
- **TFC (Treatment Facilities Committee); Lucas D.**

Calendar of Events

Next District 40 Meeting: 8/11/20 at 7:15 PM Spring Branch Memorial Club 1200 Blalock Rd #378 Houston, Room C (713) 274-3190 or by ZOOM if needed.

SETA Area Assembly: August 15, 2020 – It will be on ZOOM. More info to come.

SWRAASA 2020 – October 9-11, 2020 at Embassy Suites Hotel 550 S. Buchanan St Amarillo, TX 79101

Adjourned with the Responsibility Statement.

SETA DISTRICT 40 --- EXPENSE BY MONTH & TOTAL FOR YEAR													
	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Total YTD
DCM													\$0.00
Alt. DCM	\$316.48												\$316.48
Secretary / Copying	\$18.72	\$8.46											\$27.18
Treasurer	2	2	\$34.99	\$2.00	\$2.00	\$2.00	\$2.00						\$46.99
Newsletter		\$71.74											\$71.74
Rent/Coffee Donation	\$30.00	\$30.00	\$30.00										\$90.00
Coffee													\$0.00
PO Box													\$0.00
Literature Committee		\$55.60											\$55.60
PI/CPC													\$0.00
Grapevine													\$0.00
CFC													\$0.00
TFC													\$0.00
Archives Committee													\$0.00
Intergroup Liaison													\$0.00
IT Committee													\$0.00
Miscellaneous													\$0.00
Gratitude Dinner - Donation													\$0.00
Gratitude Dinner - Food													\$0.00
Fellowship Fest													\$0.00
Traditions Dinner													\$0.00
Service Workshop													\$0.00
SWRAASA (Even Years)													\$0.00
The Forum (Odd Years) See Note													\$0.00
Delegate Report Meeting													\$0.00
State Convention Hospitality Suite													\$0.00
SETA Assembly Host District													\$0.00
SETA - 2020 Hospitality Suite		\$453.62											\$453.62
Total for MONTH	\$367.20	\$621.42	\$64.99	\$2.00	\$2.00	\$2.00	\$2.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$1,061.61
Unrestricted Funds Allocated to Intergroup, SETA 67, GSO												\$0.00	
Expense Total													

August

Young People and AA

https://www.aa.org/assets/en_US/p-4_youngpeopleandaa.pdf



New Service Manual Study Meeting

Mondays, 6:30pm - 7:30pm on Zoom

Meeting ID: 840 1440 4079

Password: 805306

Thank you to Brad H and David V for initiating this meeting.

District 40 Officers and Committee Representatives

<u>Position</u>	<u>Name</u>	<u>Email</u>
DCM	Reino F	dcm-40@aa-seta.org
Alt DCM	Doug D	dcm-40-alt@aa-seta.org
Secretary	Jackie S	d40sec@yahoo.com
Alt Secretary	Hilton L	d40altsec@gmail.com
Treasurer	Mike W	treasurer-40@aa-seta.org
Alt Treasurer	Scott B	treasurer-40-alt@aa-seta.org
Archives	Marcus	
Newsletter Editor	Kari B	district40newsletter@gmail.com
Grapevine Rep	Rachel P	
IT Rep	OPEN	
Literature Rep	Elizabeth G	
CFC Rep	Paul K	
Intergroup Rep	Dan K	
CPC Rep	Bill A	
PI	Terri	
TFC	Lucas D	

Committee	Meeting Time	Location
Archives	1 st Saturday of the month, 10:00 AM	521 N. Sam Houston Pkwy East, Suite 215 Houston, Texas 77060
Cooperation with the Professional Community (CPC)	1 st Monday of the month, 7:00 PM	Spring Branch Memorial Club 1200 Blalock, Suite 378
Correctional Facilities (CFC)	3 rd Wednesday of the month, 7:30 PM – 9:00 PM	The Delta Club 6401 Southwest Freeway, Suite 110 Houston, Texas 77057
Grapevine	3 rd Thursday of every other month, 7:30 PM	The Delta Club 6401 Southwest Freeway, Suite 110 Houston, Texas 77057
Intergroup	3 rd Thursday of every other month, 8:00 PM	4140 Directors Row Suites D & E Houston, Texas 77092
Internet Technologies (IT)	4 th Saturday of the month, 10:00 AM – 12:00 PM	Spring Branch Memorial Club 1200 Blalock, Suite 378
Literature	3 rd Tuesday of the month, 8:30 PM – 9:30 PM	Zoom Send Login requests to: Literature-Chair@aa-seta.org
Multi-Lingual	1 st Thursday of the month, 7:30 PM	District 63 4800 West 34 th Street Suite B-8 Houston, Texas 77092
Public Information (PI)	4 th Tuesday of the month, 7:30 PM	Spring Branch Memorial Club 1200 Blalock, Suite 378, Room C Can do Zoom
Treatment Facility Committee (TFC)	2 nd Monday of the month, 7:00 PM	GoToMeetings (except Assembly months) At Area Assembly, Saturday afternoon 4:30 PM – 6:00 PM